



Converging Roads Conference: Health and Human Flourishing

St. John Paul II Foundation

April 11, 2026
Houston, TX



Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Christian Medical & Dental Associations and St. John Paul II Foundation. The Christian Medical & Dental Associations is accredited by the ACCME to provide continuing medical education for physicians.

The Christian Medical & Dental Associations designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing

This activity has been submitted to Georgia Nurses Association for approval to award contact hours. Georgia Nurses Association is an accredited approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Determination of credit is pending.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)™* by an organization accredited by the ACCME or a recognized state medical society. Physician assistants may receive up to 6.0 credits for completing this activity.

Nurse Practitioner

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines. Nurse practitioners may receive up to 6.0 credits for completing this activity.

Objectives

- Examine Dr. Lejeune's professional and spiritual life, examining how Dr. Lejeune integrated spirituality, reason, and medical practice throughout his career.
- Appraise the work of Dr. Lejeune in serving the needs of all people, particularly his devotion to his patients with Down syndrome.
- Identify the model virtues exemplified by Dr. Lejeune in his scientific research and medical practice.
- Identify the developments and uses of AI within medicine.
- Explore potential ethical and unethical uses of AI in medicine.
- Evaluate some of the current integration of AI within medicine and how the use of AI may impact the perception and appreciation of the dignity of the human person.
- Identify how mental health impacts medical care, clinical encounters, and outcomes for patients and practitioners.
- Discuss the causes and factors that have led to the development of the mental health crisis in the United States.
- Appraise how Catholic hospitals and health care providers offer unique perspective in addressing the current mental crisis in light of Christian anthropology.
- Describe how restorative reproductive medicine seeks to cooperate with or restore the normal anatomy and physiology of the reproductive system.
- Appraise the unique approaches of Catholic health care providers in offering care for women that affirms their unique dignity and needs.
- Explore medical care that respects the unique ways women bring life, love, and their feminine genius.
- Describe a well-formed conscience and the basic human right to discharge one's conscience.
- Define moral cooperation and differentiate between the varying forms of moral cooperation.
- Analyze how the principle of moral cooperation can be applied to various medical case studies.
- Define virtue and explain its significance within the vocation of medicine.
- Differentiate between moral and formal cooperation.
- Evaluate how the principle of moral cooperation and the primacy of virtue can be applied to challenging ethical situations within health care.

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS REQUESTED
9:15 AM	Opening Remarks	-----	-----
9:25 – 10:25 AM	Conscience, Moral Cooperation, and Human Flourishing	Matthew Shea, PhD	1 hour
10:35 – 11:35 AM	The Primacy of Virtue and Navigating Moral Cooperation in Medicine	Matthew Shea, PhD; Mariele Courtois, PhD; Cara Buskmiller, MD, MS	1 hour
11:45 AM – 12:45 PM	Restorative Reproductive Medicine and the Flourishing of the Person	Tracey Parnell, MD, MRM, CCFP	1 hour
12:45 – 1:30 PM	Lunch	-----	-----
1:30 – 2:30 PM	Dr. Jerome Lejeune: A Model of Integrating the Spiritual Life	Pilar Calva, MD	1 hour
2:35 – 2:55 PM	Break	-----	-----
2:55 – 3:55 PM	Technology and the Mental Health Crisis	Anthony Isacco, PhD	1 hour
4:05 – 5:05 PM	The Benefits and Ethical Challenges of Artificial Intelligence in Health Care	Mariele Courtois, PhD	1 hour
5:05 – 5:15 PM	Closing Remarks	-----	-----

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty, and CMDA CE Review Committee

No relevant financial relationships were identified for any individual with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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