



Converging Roads Conference: The Future of Human Flourishing in Medicine

St. John Paul II Foundation

February 21, 2026

Menlo Park, CA



Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Christian Medical & Dental Associations and St. John Paul II Foundation. The Christian Medical & Dental Associations is accredited by the ACCME to provide continuing medical education for physicians.

The Christian Medical & Dental Associations designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing

This nursing continuing professional development activity was approved by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Criteria for Successful Completion: Contact Hours awarded commensurate with participation and submission of completed participant evaluation form. Activity ID #203463901 has been approved for 6.0 contact hours.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*[™] by an organization accredited by the ACCME or a recognized state medical society. Physician assistants may receive up to 6.0 credits for completing this activity.

Nurse Practitioner

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines. Nurse practitioners may receive up to 6.0 credits for completing this activity.

Objectives

- Discuss the definition of anthropology and its relationship to the practice of ethical medicine.
- Consider what it means to speak of the dignity of the human person and how this dignity impacts medical care.
- Evaluate some of the current technologies and how they impact the perception and appreciation of the dignity of the human person.
- Identify how mental health impacts medical care, clinical encounters, and outcomes for patients and practitioners.
- Appraise the effect of technology in relation to the mental health crisis.
- Assess varying strategies for health care professionals in collaboration with families and schools to address the causes of stressors that have increased the struggles with suicide ideation, hopelessness, anxiety, and depression.
- Describe IVF and others forms of artificial reproductive technology.
- Identify the risks and side effects of IVF.
- Discuss the present cultural and ethical challenges posed by the popularity of IVF and Oocyte cryopreservation.
- Identify and propose medically successful alternatives to IVF.
- Identify the developments and uses of AI within medicine.
- Explore potential ethical and unethical uses of AI in medicine.
- Evaluate some of the current integration of AI within medicine and how the use of AI may impact the perception and appreciation of the dignity of the human person.
- Describe the varying developments in technology, such as artificial intelligence, and how they are being used to assist with health care in varying ways.
- Identify ways in which AI can be both a benefit and a hindrance to human flourishing.
- Analyze some of the ethical challenges posed by certain forms of technology to health care.
- Describe how and when to normalize/restore anatomy and function, and the benefits and limitations (e.g. for endometriosis, PCOS).
- Explore when hysterectomy may be required (e.g. endometrial cancer, severe adenomyosis/fibroids).
- Appraise when to normalize/restore anatomy and function, and the benefits and limitations (e.g. for endometriosis, PCOS).

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
8:00 AM	Check in / Registration Begins	-----	-----
8:30 AM	Mass	-----	-----
9:45 AM	Opening Remarks	-----	-----
9:55-10:55 AM	Human Flourishing and the Ethics of Technology	Kristin M. Collier MD, FACP	1.0 Hour
10:55-11:05 AM	Break	-----	-----
11:05 AM -12:05 PM	The Benefits and Ethical Challenges of Artificial Intelligence in Health Care	Ethan Schimmoeller, MD, MA	1.0 Hour
12:05-12:15 PM	Break	-----	-----
12:15-1:15 PM	Reproductive Surgery and Medicine, and the Flourishing of the Person	Paul J. Yong, MD, PhD, FRCS	1.0 Hour
1:15-2:50 PM	Hippocratic Oath Luncheon	-----	-----
1:45-2:45 PM	Technology, Artificial Intelligence, and Medicine	Ethan Schimmoeller, MD, MA; William Bosl, PhD; and Martin K. Huynh, MD	1.0 Hour
2:45-2:50 PM	Recitation of the Promise of the Catholic Healthcare Professional	-----	-----
2:50-3:10 PM	Break	-----	-----
3:10-4:10 PM	Technology and the Mental Health Crisis	Martin K. Huynh, MD	1.0 Hour
4:10-4:20 PM	Break	-----	-----
4:20-5:20 PM	Science and Ethics of In Vitro Fertilization	Kallie Fell, MS, BSN, RN	1.0 Hour
5:20-5:30 PM	Closing Remarks	-----	-----
5:30-6:15 PM	Wine and Cheese Reception	-----	-----

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty, and CMDA CE Review Committee

No relevant financial relationships were identified for any individual with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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