



Converging Roads Conference: Health Care & Human Dignity
St John Paul II Foundation
March 29, 2025
Grand Rapids, MI



Accreditation This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and St John Paul II Foundation. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit The Christian Medical & Dental Associations designates this educational activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*[™] by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 6 credits for completing this activity.**

Nurse Practitioner

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines. **Nurse practitioners may receive up to 6 credits for completing this activity.**

Nursing

This activity has been submitted to Georgia Nurses Association for approval to award contact hours. Georgia Nurses Association is an accredited approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. **Determination of credit is pending.**

Objectives:

- Define virtue and explain its significance within the vocation of medicine.
- Differentiate between moral and formal cooperation.
- Evaluate how the principle of moral cooperation and the primacy of virtue can be applied to challenging ethical situations within health care.
- Define religious liberty and the role of the conscience in the role of the health care professional.
- Identify why religious liberty is essential to human flourishing.
- Appraise the current challenges that health care professionals face in the practice of good medicine.
- Identify possible responses to protect health care rights of conscience in the face of the current cultural and legal threats.
- Identify how mental health impacts medical care, clinical encounters, and outcomes for patients and practitioners.
- Discuss the causes and factors that have led to the development of the mental health crisis in the United States.
- Appraise how religious hospitals and health care providers offer unique perspective in addressing the current mental crisis in light of Christian anthropology.
- Describe a well-formed conscience and the basic human right to discharge one's conscience.
- Discuss the challenges that health care professionals may face with respect to the freedom of conscience.
- Outline guidance for health care professionals to act in accordance with the dictates of their conscience.
- Discuss medical psychosocial realities of gender dysphoria.

- Identify anthropological and medical basis for medical and psychological interventions.
- Consider medical outcomes of puberty suppression and gender reassignment and whether these interventions are in keeping with medical data and best patient outcomes.
- Review the medical literature on gender dysphoria in adult and pre-adult population.
- Discuss the need to affirm the human dignity of all patients.
- Identify the challenges in providing the appropriate medical and pastoral care for transgender patients.
- Define ways in which health care professionals may approach and treat transgender patients with compassion and charity.

CE Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
9:10 – 10:10 AM	Navigating Moral Cooperation in Medicine	Sister Michaela Serpa, FSE, MA, PharmD, BCPS	1.0 hour
10:20 – 11:20 AM	Religious Liberty of the Health Care Professional	Gwyneth Anne Spaeder, MD	1.0 hour
11:30 – 12:30 PM	A Spiritual Response to the Mental Health Crisis	Anthony Isacco, PhD	1.0 hour
1:00 – 2:00 PM	The Well-Formed Conscience of the Health Care Professional	Sister Michaela Serpa, FSE, MA, PharmD, BCPS Robin Pierucci, MD, MA Nicholas A. Stephanoff, MD	1.0 hour
2:25 – 3:25 PM	Gender Dysphoria: Science, Ideology, and Ethics	Paul W. Hruz, MD, PhD	1.0 hour
3:35 – 4:35 PM	Approaching Gender Dysphoria with Compassion and Mercy	Paul W. Hruz, MD, PhD Sister Colleen Nagle, FSE, LPC Gwyneth Anne Spaeder, MD	1.0 hour
TOTAL			6 hours

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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