



Converging Roads Conference: Virtue in Medicine
St John Paul II Foundation
April 5, 2025
Columbus, Ohio



Accreditation This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and St John Paul II Foundation. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit The Christian Medical & Dental Associations designates this educational activity for a maximum of 5.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*[™] by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 5.75 credits for completing this activity.**

Nurse Practitioner

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Nursing

This activity has been submitted to Georgia Nurses Association for approval to award contact hours. Georgia Nurses Association is an accredited approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. **Determination of credit is pending.**

Objectives:

- Define moral cooperation and differentiate between the varying forms of moral cooperation,
- Analyze how the principle of moral cooperation can be applied to various medical case studies.
- Evaluate how the principle of moral cooperation and the virtue of prudence can offer guidance in assessing the morality of an act.
- Describe how restorative reproductive medicine seeks to cooperate with or restore the normal anatomy and physiology of the reproductive system.
- Discuss the unique approaches of Catholic health care providers in offering care for women that affirms their unique dignity and needs.
- Describe the medical options for a family struggling with infertility.
- Provide insight into the emotional and psychological suffering associated with infertility and how providers can respond compassionately.
- Define virtue and its significance within the vocation of medicine.
- Describe the theological, philosophical, and biological basis for a Catholic understanding of human dignity.
- Evaluate how human dignity and the primacy of virtue can be applied to challenging ethical situations within health care.
- Describe the role of faith and religion in the practice of Hippocratic medicine.
- Discuss what is distinctive about medicine inspired by a faith-based and/or Catholic world view and how such medicine leads to positive outcomes.
- Identify a way practitioners can maintain their Catholic faith and professional expertise to the service of patients.
- Discuss medical psychosocial realities of gender dysphoria.

- Identify anthropological and medical basis for medical and psychological interventions.
- Discuss medical outcomes of puberty suppression and gender reassignment surgeries and whether these interventions are in keeping with medical data and best patient outcomes.
- Propose ways in which health care professionals may approach and treat transgender patients and their family members with mercy and charity.
- Describe the varying factors within culture and society that may have contributed to the rise of depression and suicide.
- Identify the unique insights from religion and spirituality that address varying mental health concerns.
- Assess how the cultivation of the virtue of hope can be helpful for an individual in coping with depression and other mental health concerns.
- Identify how economic factors impact medical care and play a role in decision making at all levels.
- Consider the role of social determinants of health in the provision of medical care and how medical professionals can overcome barriers to optimal patient outcomes.
- Propose the virtue of justice and principles that can guide medical professionals when addressing disparity in health care.

CE Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
8:55 – 9:40 AM	The Primacy of Virtue and the Dignity of the Human Person	Michael J. Deem, PhD	0.75 hours
9:45 – 10:30 AM	Moral Cooperation in Health Care	Elliott Bedford, MA, PhD	0.75 hours
10:45 – 11:45 AM	The Witness of Hippocratic Medicine in a Secular Culture	Paul W. Hruz, MD, PhD; Kathleen Lutter, MD; and Ashley K. Fernandes, MD, PhD	1.0 hour
12:15 – 1:00 PM	Addressing Disparity in Health Care	Rev. Columba Thomas, OP, MD	0.75 hours
1:50 – 2:35 PM	A Catholic Response to Depression and Suicide	Anthony Isacco, PhD	0.75 hours
2:40 – 3:40 PM	Restorative Reproductive Medicine and Care for Infertile Couples	Elizabeth Christy, CNM; Elizabeth Stovicek, MD; and Kyle Beiter, MD	1.0 hour
3:55 – 4:40 PM	Approaching Gender Dysphoria with Mercy and Charity	Paul W. Hruz, MD, PhD	0.75 hours
TOTAL			5.75 hours

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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