



Converging Roads Conference: Faith and Service in Health Care
St John Paul II Foundation
March 1, 2025
Austin, Texas



Accreditation This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and St John Paul II Foundation. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit The Christian Medical & Dental Associations designates this educational activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*[™] by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 6 credits for completing this activity.**

Nurse Practitioner

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines. **Nurse practitioners may receive up to 6 credits for completing this activity.**

Nursing

This activity has been submitted to Georgia Nurses Association for approval to award contact hours. Georgia Nurses Association is an accredited approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. **Determination of credit is pending.**

Objectives:

- Describe the challenges of a Christian health care provider in serving the whole person in a setting dominated by secular medical ethics.
- Identify means of maintaining the integrity of faith and reason in the current cultural environment and how this can serve the needs of patients.
- Discuss the challenges a healthcare professional experiences in the current cultural environment.
- Identify the varying risks for the health and wellbeing of the health care professional.
- Describe the signs of Major Depressive Disorder and PTSD in the context of burnout for physicians and nurses.
- Evaluate the essential role that religion and spirituality has in the life and work of health care workers.
- Articulate the meaning and purpose of suffering and how to help patients mature through suffering.
- Define compassion in the care of patients and their families.
- Explore the role of hope and how to foster hope appropriately within the patients and families served.
- Identify what it means to speak of the dignity of the human person and how this dignity impacts medical care.
- Differentiate between an approach to healthcare that focuses on the primacy of the dignity of the human person in contrast with modern secular medicine's notion of autonomy.
- Describe how medicine is entrusted with the responsibility to serve the patient in all his dimensions and to ensure that the standards of care are oriented to his full flourishing as a person.

- Outline guidance for health care professionals to act in accordance with the dictates of their conscience as they fulfill their responsibility to be stewards of the life/lives entrusted to them.
- Describe the basic principles of solidarity, subsidiarity, the dignity of the human person, and the common good.
- Identify how care for the sick, the disabled, the dying, and the poor is rooted in the principles of Catholic social teaching.
- Describe how patient care is improved by an integration of Catholic social teaching within the practice of healthcare.
- Discuss the unique relationship of the healthcare provider with his or her patients.
- Identify the essential virtues necessary for a health care professional.
- Discuss the role of faith in the vocation of the healthcare professional and challenges a health care professional experiences in the current cultural environment.

CE Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
9:55 – 10:55 AM	Vocation of the Health Care Professional	Tod J. Worner, MD	1.0 hour
11:05 AM – 12:05 PM	Dignity, Conscience, and the Flourishing of the Human Person	Arland K. Nichols	1.0 hour
12:35 – 1:35 PM	A Catholic Perspective on Burnout and Moral Distress	Matthew Breuning, MD	1.0 hour
2:00 – 3:00 PM	Practicing the Spiritual Life in a Secular Culture	Matthew Breuning, MD; Natalie King, MD, MA; and Tod J. Worner, MD	1.0 hour
3:10 – 4:10 PM	Catholic Social Teaching and Its Implications for Medicine	Claudia R. Sotomayor, MD, DBe	1.0 hour
4:20 – 5:20 PM	Hope and the Redemptive Meaning of Human Suffering	Natalie King, MD, MA	1.0 hour
TOTAL			6

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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