Converging Roads Conference: Fundamental Health Care Ethics
St John Paul II Foundation
September 14, 2024
Beaumont, Texas

Accreditation This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Christian Medical & Dental Associations (CMDA) and St John Paul II Foundation. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit The Christian Medical & Dental Associations designates this educational activity for a maximum of 6 *AMA PRA Category 1 Credit(s) ™.* Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistant
AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s) ™.* by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 6 credits for completing this activity.**

Nurse Practitioner
The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*™ from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines.
Nurse practitioners may receive up to 6 credits for completing this activity.

Nursing
This activity has been submitted to Georgia Nurses Association for approval to award contact hours. Georgia Nurses Association is an accredited approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. **Determination of credit is pending.**

Objectives:
- Describe how to offer spiritual care to patients who are of other faiths than the medical and spiritual care team.
- Discuss how to offer a sufficiently robust spiritual care to patients who are Catholic.
- Identify how to accompany non-Catholic or non-religious patients in the midst of suffering and death.
- Describe how to navigate scenarios when the medical team or hospital face patients with positions and wishes that are contrary to the medical or ethical position of the practitioner or hospital.
- Discuss the importance of walking with a patient at the end of life.
- Identify specific measures which can assist patients to embrace peace.
- Share examples of struggle and success in accompanying patients and being a compassionate presence in the midst of suffering.
- Define proportionate and disproportionate end of life care.
- Provide examples of proportionate and disproportionate end of life care.
- Identify the weaknesses of the language of futility in decision making.
- Describe the criteria used to determine whether a treatment is morally obligatory (proportionate) or morally optional (disproportionate).
- Cite ethical principles related to pain management and case studies that apply those principles to patient care.
- Present an overview of religious theological anthropology and its influence on religious healthcare.
- Discuss how the anthropology that undergirds the *Ethical and Religious Directives* and makes religious healthcare distinct from secular healthcare.

- Describe the practical implications of the *Ethical and Religious Directives* for public policy and clinical practice for beginning of life issues.
- Cite case studies that demonstrate the distinct approach to the beginning of life ethics as outlined by the *Ethical and Religious Directives.*
- Articulate the inner workings of the composite person, body, mind, and spirit.
- Describe the truth of the body, the truth of the mind, the truth of the spirit, and religion's role in upholding the dignity of the whole person.
- Discuss how "healing thyself" must take place within a genuine relationship between patients and physicians and physicians with peers.
- Describe the theological, philosophical, and biological basis for a Catholic understanding of human dignity.
- Discuss how medicine is tasked with the awesome responsibility to serve the patient in all his dimensions.
- Demonstrate how medical professionals assist patients and families as they fulfill their responsibility to be stewards of the life or lives entrusted to them.

CE Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
8:10 – 9:10 AM	The Dignity of the Human Person and Its Implications for Medical Care	Steven J. Squires, PhD	1.0 hour
9:15 – 10:15 AM	The Ethical and Religious Directives on the Beginning of Life	Rev. Peter Fonseca, MA, MS, MDiv.	1.0 hour
10:30 – 11:30 AM	Managing Care at the End of Life: Discerning Between Ordinary and Extraordinary Care	John A. Di Camillo, PhD, BeL	1.0 hour
12:05 – 1:05 PM	The Art of Compassionate Accompaniment of Patients and Families	Thomas M Carroll II, MD, PhD; Rev. Peter Fonseca, MA, MS, MDiv; Steven J. Squires, PhD	1.0 hour
1:25 – 2:25 PM	Pastoral and Spiritual Care for the Sick and Dying	Thomas M Carroll II, MD, PhD	1.0 hour
2:30 – 3:30 PM	Care for the Health Care Professional	Christin J. McIntyre, MD, PhD	1.0 hour
		TOTAL	6

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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