



Converging Roads Conference: Fundamental Health Care Ethics
St John Paul II Foundation
October 19, 2024
Omaha, Nebraska



Accreditation This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and St John Paul II Foundation. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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Nurse Practitioner

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Nurse practitioners may receive up to 6 credits for completing this activity.

Nursing

This activity has been submitted to Georgia Nurses Association for approval to award contact hours. Georgia Nurses Association is an accredited approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. **Determination of credit is pending.**

Objectives:

- Identify the essential virtues for the health care professional.
- Discuss the role of faith in the vocation of the health care professional.
- Analyze some of the root causes of burnout among health care professionals.
- Describe how physicians such as St. Giuseppe Moscati and St. Gianna Molla serve as models of the virtues needed for patient care.
- Identify the ethical issues related to end-of-life care.
- Evaluate the argumentation in favor of and against physician assisted suicide and euthanasia.
- Differentiate the criteria between proportionate and disproportionate care at the end of life.
- List examples of how to apply the criteria from proportionate and disproportionate care at the end of life.
- Outline ways in which health care providers can support the administration of the sacraments and the offering of prayer as part of the pastoral care of the sick.
- Differentiate between the varying definitions and approaches to the definition of human dignity and how this affects the practice of medicine.
- Discuss what it means to speak of the dignity of the human person and how this dignity impacts medical care.
- Describe the relationship between the definition of anthropology and the practice of ethical medicine.
- Describe an integrative conceptualization of patient healthcare (Hunter et al., 2022; American Psychological Association, 2014), which consists of attending to physical, mental, spiritual, and religious factors to patient outcomes.
- Identify spiritual and religious considerations to the mental health crisis in the United States. (Balboni, VanderWeele, & Doan-Soares, 2022).

- Outline evidence-based interventions derived from an integrative conceptualization of patient healthcare and congruent with salient religious and spiritual factors of patients and healthcare providers (American Psychological Association, 2017).
- Articulate the inner workings of the composite person — body, mind, and spirit.
- Describe how the religion of a patient can help with the healing process of the whole person.
- Discuss how “healing thyself” must take place within a genuine relationship between patients and physicians, and physicians with peers.
- Describe interventions utilized in fertility awareness-based methods and in restorative reproductive women’s healthcare, which assist in the flourishing of the human person.
- Propose an integral view of the human person as essential for comprehensive and holistic medical care for women.
- Appraise the unique approaches of Catholic hospitals and Catholic health care providers in offering care for women that affirms the unique dignity and genius of women and the gift of fertility.
- Evaluate the impact and suitability of hormonal interventions.
- Discuss ethical issues regarding potential clinical interventions for infertility.

CE Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
9:25 – 10:25 AM	Human Dignity and the Mission of Catholic Health Care	Ashley K. Fernandes, MD, PhD	1.0 Hour
10:25 – 10:35 AM	Break	-----	-----
10:35 – 11:35 AM	The Vocation of the Health Care Professional	Kristin Collier, MD, FACP	1.0 Hour
11:35 – 11:45 AM	Break	-----	-----
11:45 AM – 12:45 PM	The Catholic Approach to Caring and Accompanying the Dying	Dcn. Stephen E. Doran, MD	1.0 Hour
12:45 – 2:20 PM	Lunch	-----	-----
1:15 – 2:15 PM	Spiritual and Religious Considerations to the Mental Health Crisis: An Integrative Perspective	Anthony Isacco, PhD	1.0 Hour
2:20 – 2:40 PM	Break	-----	-----
2:40 – 3:40 PM	Care for the Caregiver	Kristin Collier, MD, FACP; Anthony Isacco, PhD; Thomas Lenz, PharmD	1.0 Hour
3:40 – 3:50 PM	Break	-----	-----
3:50 – 4:50 PM	Medical and Surgical Interventions in Light of the Gift of Fertility	Kristina Pakiz, MD, dipABOG,	1.0 Hour
TOTAL			6

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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