

*Together in Holiness* – Archdiocese of San Francisco  
Saturday, October 26, 2024 | St. Pius Catholic Church, Redwood City, CA

## FAMILY, A SCHOOL OF LOVE

<b>10:00 AM</b>	<b>CONFERENCE CHECK-IN</b> Childcare Check-In Sacrament of Reconciliation – 10:00 - 10:30 am Exhibitor Booths – available throughout conference
<b>10:45 – 11:00 AM</b>	<b>WORDS OF WELCOME</b> Michael Villanueva, MTS, Fellow, St. John Paul II Foundation
<b>11:00 AM – 12:00 PM</b>	<b>HOW TO NOURISH LOVE IN YOUR MARRIAGE</b> Mario Sacasa, PhD, LMFT, Host of the <i>Always Hope</i> Podcast
<b>12:00 – 1:45 PM</b>	<b>BREAK FOR LUNCH AND PRAYER</b> Sacrament of Reconciliation – 12:45 - 1:45 pm Adoration of the Blessed Sacrament – 12:45 - 1:45 pm Exhibitor Booths – available throughout conference
<b>2:00 – 3:00 PM</b>	<b>MARRIAGE, FAMILY, AND THE VIRTUE OF LOVE</b> Deacon Dominick and Mary Ellen Peloso, Parishioners of Church of the Nativity
<b>3:15 – 4:15 PM</b>	<b>SACRIFICIAL LOVE IS SANCTIFYING LOVE</b> Mario Sacasa, PhD, LMFT, Host of the <i>Always Hope</i> Podcast
<b>4:15 – 4:30 PM</b>	<b>CLOSING COMMENTS AND SENDING FORTH</b>
<b>4:30 PM</b>	<b>TRANSITION TO MASS</b> Childcare Check-out Last Chance for Exhibitor Booths
<b>5:00 PM</b>	<b>VIGIL MASS AND MARRIAGE BLESSING</b> Celebrant: Most Rev. Salvatore J. Cordileone

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## PRESENTATION DESCRIPTIONS

### HOW TO NOURISH LOVE IN YOUR MARRIAGE

**Mario Sacasa, PhD, LMFT**, Host of the *Always Hope* Podcast

Let us explore the 5 keys to keeping love alive in marriage: See Your Spouse as a Gift, Remember Their Mystery, Leisure Time Together, Meaningful Communication, and Healthy Physical Intimacy. This presentation draws on the beauty of the Church's vision for marriage while also integrating the latest in marriage counseling research. It will give couples practical wisdom for living out the uniqueness and unrepeatability of their union.

### MARRIAGE, FAMILY, AND THE VIRTUE OF LOVE

**Deacon Dominick and Mary Ellen Peloso**, Parishioners of Church of the Nativity

We all know well how our own brokenness can alienate us from true love; it can alienate us from God, others, and even from ourselves. For those called to marriage, Christ has established your relationship with your spouse as a sacrament; for you it is *the* privileged road to true love, joy, and peace in Jesus Christ. But, what is true love and how do you live it? This presentation will explore the authentic definition of love in contrast with the false visions of love. There will be a particular focus on how the sacrament of marriage assists spouses to love and how married couples are called to inspire others with their mission of self-giving love.

### SACRIFICIAL LOVE IS SANCTIFYING LOVE

**Mario Sacasa, PhD, LMFT**, Host of the *Always Hope* Podcast

Married life is a school of sacrifice, self-denial, and charity, reflecting Christ's love for the Church. This presentation will discuss how striving to love each other with a pure, sacrificial love produces fruits of joy and peace within a marriage. It will also enable couples to have a deeper appreciation and understanding of self-giving love as a central characteristic of the marriage vocation. Couples will receive insights into how to offer themselves as living sacrifices (Romans 12:1) within their marriage.