



**Converging Roads Conference: Fundamental Health Care Ethics**  
**St John Paul II Foundation**  
**March 9, 2024**  
**Menlo Park, CA**



**Accreditation** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and St John Paul II Foundation. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Physician Credit** The Christian Medical & Dental Associations designates this educational activity for a maximum of **6 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Physician Assistant**

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*<sup>™</sup> by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 6 credits for completing this activity.**

**Nurse Practitioner**

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines.

**Nurse practitioners may receive up to 6 credits for completing this activity.**

**Nursing**

This nursing continuing professional development activity was approved by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission Accreditation. Criteria for Successful Completion: Contact Hours awarded commensurate with participation and submission of completed participant evaluation form. Activity ID 101040559 has been approved for 6 contact hours.

**Objectives:**

- Discuss the unique approach of Christian anthropology and its relationship to medical ethics.
- Describe the relationship between anthropology and of gender and sexuality.
- Identify the role of the health care professional in providing benevolent and charitable care for every patient.
- Appraise the current standards of care with respect to patients with gender dysphoria.
- Discuss the implications of the Parable of the Good Samaritan for the practice of health care that is focused on the primacy of the patient as a person.
- Identify the concerns regarding the ethics of respect for persons in light of a "throwaway culture" that would reduce people to objects that are subject to a utilitarian ethic.
- Assess how spirituality and understanding suffering in light of the spiritual life can improve patient outcomes and give meaning to the suffering experienced by patients and their families.
- Articulate the inner workings of the composite person - body, mind, and spirit.
- Describe the truth of the body, the truth of the mind, and the truth of the spirit, and religion's role in upholding the dignity of the whole person.
- Discuss how "healing thyself" must take place within a genuine relationship between patients and physicians, and physicians with peers.
- Discuss how the health of the healthcare provider affects the quality of care that they are able to give to their patients and their families.
- Define the unique mission of Catholic health care in light of its emphasis on the dignity of the human person and the preferential option for the poor.
- Describe the challenges of a religious health care provider in serving the whole person in an era of secular medical ethics.

- Demonstrate the distinct approach of Catholic health care in light of varying case studies.
- Propose the theological, philosophical, and biological basis for a Christian anthropology
- Discussion the relationship between the definition of anthropology and its relationship to the practice of ethical medicine.
- Discuss what it means to speak of the dignity of the human person and how this dignity impacts medical care.
- State examples of how varying anthropologies affect the practice of medicine.
- Describe how to care for patients and families with a prenatal diagnosis of gender, disabilities, and congenital anomalies while challenging the medical, social, and ethical implications.
- Appraise the rates of pregnancy termination by sociodemographic factors.
- Contrast the rationale for pregnancy termination of fetuses prenatally diagnosed with Trisomy 21 and congenital heart disease to postnatal outcomes.

#### Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
9:55 – 10:55 AM	Imago Dei: Human Dignity as a Foundation for Medical Ethics	Arland K. Nichols, PhD (cand.)	1.0 Hour
11:00 AM – 12:00 PM	The Good Samaritan and the Practice of Medicine	Natalie King, MD, MA	1.0 Hour
12:15 – 1:15 PM	The Unique Mission of Catholic Hospitals	Dolores Meehan, NP; Arland K. Nichols, PhD (cand.)	1.0 Hour
1:45 – 2:45 PM	A Christian Anthropology for Understanding Gender and Sexuality	Theresa Farnan, PhD	1.0 Hour
3:10 – 4:10 PM	Wellness and Care for the Health Care Professional	Natalie King, MD, MA; Julian Lagoy, MD,	1.0 Hour
4:15 – 5:15 PM	Challenging Prenatal Diagnoses and the Gift of Human Dignity	William Stigall, MD, MA	1.0 Hour
TOTAL			6 Hours

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#### Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

#### Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

#### **ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.**

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