

*Together in Holiness* – Diocese of Charlotte  
Saturday, November 18, 2023 | St. Barnabas Catholic Church, Arden, NC

## FAMILY, A SCHOOL OF VIRTUE

<b>8:00 AM</b>	<b>CONFERENCE CHECK-IN</b> Childcare Check-In Light Breakfast – available once Mass has concluded Sacrament of Reconciliation - 8:00 - 8:30 am Exhibitor Booths – available throughout conference
<b>8:30 AM</b>	<b>MASS AND MARRIAGE BLESSING</b> Celebrant: Very Rev. Adrian Porras, Pastor, St. Barnabas Catholic Church
<b>10:00 – 10:15 AM</b>	<b>WORDS OF WELCOME</b> Charlotte Sacco, Speaker and Spiritual Director
<b>10:15 – 11:15 AM</b>	<b>SACRIFICIAL LOVE IS SANCTIFYING LOVE</b> Danielle Bean, Author, Speaker, and Podcaster
<b>11:30 AM – 12:30 PM</b>	<b>MARRIAGE, FAMILY, AND THE VIRTUE OF LOVE</b> Charlotte Sacco, Speaker and Spiritual Director
<b>12:30 – 2:15 PM</b>	<b>BREAK FOR LUNCH AND PRAYER</b> Sacrament of Reconciliation – 1:15 - 2:15 pm Exposition of the Blessed Sacrament – 1:15 - 2:15 pm Benediction – 2:00 pm Exhibitor Booths – available throughout conference
<b>2:30 – 3:30 PM</b>	<b>HOW TO NOURISH LOVE IN YOUR MARRIAGE</b> Mario Sacasa, PhD, LMFT, Associate Director, Faith and Marriage Apostolate
<b>3:30 – 3:45 PM</b>	<b>CLOSING COMMENTS AND SENDING FORTH</b> Childcare Check-out Last Chance for Exhibitor Booths

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## PRESENTATION DESCRIPTIONS

### **SACRIFICIAL LOVE IS SANCTIFYING LOVE**

**Danielle Bean**, Author, Speaker, and Podcaster

Married life is a school of sacrifice, self-denial, and charity, reflecting Christ's love for the Church. This presentation will discuss how striving to love each other with a pure, sacrificial love produces fruits of joy and peace within a marriage. It will also enable couples to have a deeper appreciation and understanding of self-giving love as a central characteristic of the marriage vocation. Couples will receive insights into how to offer themselves as living sacrifices (Romans 12:1) within their marriage.

### **MARRIAGE, FAMILY, AND THE VIRTUE OF LOVE**

**Charlotte Sacco**, Speaker and Spiritual Director

Am I loving my spouse well? What does true love look like? Love and marriage were given to us from the beginning as a "way" to God the Father. This presentation will explore the authentic definition of love in contrast with the false definitions of love. There will be a particular focus on how the sacrament of marriage assists spouses to love and how married couples are called to inspire others with their mission of self-giving love.

### **HOW TO NOURISH LOVE IN YOUR MARRIAGE**

**Mario Sacasa, PhD, LMFT**, Associate Director, Faith and Marriage Apostolate

Let us explore the 5 keys to keeping love alive in marriage: See Your Spouse as a Gift, Remember Their Mystery, Leisure Time Together, Meaningful Communication, and Healthy Physical Intimacy. This presentation draws on the beauty of the Church's vision for marriage while also integrating the latest in marriage counseling research. It will give couples practical wisdom for living out the uniqueness and unrepeatability of their union.