



Converging Roads Conference: Catholic Medicine in a Secular Society
St John Paul II Foundation
April 29, 2023
Houston, TX



Accreditation This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and St John Paul II Foundation. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit The Christian Medical & Dental Associations designates this educational activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*[™] by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 7 credits for completing this activity.**

Nurse Practitioner

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines.

Nurse practitioners may receive up to 7 credits for completing this activity.

Nursing

This nursing continuing professional development activity was approved by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **Determination of credit is pending.**

Objectives:

- Articulate the ethical teaching on the use of contraception.
- Discuss the use of contraceptive pills to treat existing medical conditions, the use of contraception and patients with disabilities, and the use of contraceptives during and after sexual assault.
- Identify options for the ethical use of contraception for Catholic health care professionals.
- Contrast the provider of services model for medicine with a Catholic Christian approach to medicine.
- Discuss what is distinctive about medicine inspired by a Catholic world view and how such medicine leads to positive outcomes.
- List examples of how a completely secular approach to medicine is different from the way of medicine that should be practiced by a Catholic health care worker.
- Discuss the unique aspects of providing healthcare to women.
- Describe the integral view of the human person as essential for comprehensive and holistic medical care for women.
- Identify medical care that respects the unique ways women bring life, love, and their feminine genius into the world.
- Discuss medical psychosocial realities of gender dysphoria.
- Identify anthropological and medical basis for medical and psychological interventions.
- Discuss medical outcomes of puberty suppression and gender reassignment surgeries and whether these interventions are in keeping with medical data and best patient outcomes.
- List ways health care professionals may approach and treat transgender patients with compassion and charity.
- Discuss the relationship of law and medicine as it relates to the dignity of the human person and the sanctity of human life.
- Discuss key legal developments that have affected care for human life.
- Describe ways a health care professional may find it difficult to practice medicine that respects the dignity of the human person in light of current legislation.
- Discuss the theological, philosophical, and biological basis for a Christian understanding of the human person.

- Discuss how a Christian anthropology relates to how medicine can be practiced in service to the health and flourishing of the human person.
- Cite examples of how medical professionals can serve patients and families in light of a Christian anthropology.
- Articulate the meaning and purpose of suffering and how to help patients mature through suffering.
- Define compassion in the care of patients and their families.
- Describe the role of hope and how to foster hope appropriately within the patients and families served.

Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
8:00 AM	Mass / Check in / Registration Begins	-----	-----
9:15 AM	Opening Remarks	-----	-----
9:25 – 10:25 AM	Christian Anthropology and the Renewal of Medicine	Spaeder, MD, Gwyneth Anne	1.0 Hour
10:30 – 11:30 AM	Law, Medicine, and the Dignity of Human Life	Nguyen, MTS, JCL, JD, Ben	1.0 Hour
11:45 AM – 12:45 PM	The Art of Suffering and Dying	Tollefsen, PhD, Christopher	1.0 Hour
12:45 – 2:15 PM	Lunch	-----	-----
1:20 – 2:20 PM	Medical Ethics and the Catholic Health Care Worker in a Secular Culture	Falco, MD, Carla; Spaeder, MD, Gwyneth Anne; Tollefsen, PhD, Christopher	1.0 Hour
2:45 – 3:45 PM	Medicine in Service to the Dignity of Women	Hoffman, RSM, MD, Sister Mary Gretchen	1.0 Hour
3:50 – 4:50 PM	The Ethics of Contraception in Difficult Cases	Buskmiller, MD, MS, Cara; Hernandez, MD, FACOG, CFCMC, Jamie; Hoffman, RSM, MD, Sister Mary Gretchen	1.0 Hour
5:00 – 6:00 PM	Approaching Gender Dysphoria in Light of Science and the Gospel of Mercy	Lappert, MD, Deacon Patrick W.	1.0 Hour
6:00 – 6:10 PM	Closing Remarks	-----	7 HOURS

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Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Names of the individuals with and without relevant financial relationships	Names of Ineligible Companies that Individuals have Relevant Financial Relationships	The Nature of the Relationship the Individual has With Each Ineligible Company	Relevant financial relationship with Ineligible companies?	Roles(s) in Activity	Steps Taken to Mitigate Relevant Financial Relationship	Date Implemented
PLANNERS						
Cara Buskmiller, MD, MS	NONE	NONE	NO	N/A	N/A	N/A
Mary M Caprio, CFCP, MAT, MTS	NONE	NONE	NO	N/A	N/A	N/A
Jonathan Cunningham, PA-C	NONE	NONE	NO	N/A	N/A	N/A
Carla Falco, MD	NONE	NONE	NO	N/A	N/A	N/A
Sandi Lemming, MD	NONE	NONE	NO	N/A	N/A	N/A
Roland Millare, STD	NONE	NONE	NO	N/A	N/A	N/A
Ben Nguyen, MTS, JCL, JD	NONE	NONE	NO	N/A	N/A	N/A
Tuyen Tran, MD, FACP, FHM	NONE	NONE	NO	N/A	N/A	N/A
Sydney Vacek	NONE	NONE	NO	N/A	N/A	N/A
Zachary Wiley	NONE	NONE	NO	N/A	N/A	N/A
Barbara Snapp CE Director	NONE	NONE	NO	N/A	N/A	N/A

Sharon Whitmer, EdD, KYLPC Accreditation Officer	NONE	NONE	NO	N/A	N/A	N/A
FACULTY						
Cara Buskmiller, MD, MS	NONE	NONE	NO	N/A	N/A	N/A
Carla Falco, MD	NONE	NONE	NO	N/A	N/A	N/A
Jamie Hernandez, MD, FACOG, CFCMC	NONE	NONE	NO	N/A	N/A	N/A
Sister Mary Gretchen Hoffman, RSM, MD	NONE	NONE	NO	N/A	N/A	N/A
Deacon Patrick W. Lappert, MD	NONE	NONE	NO	N/A	N/A	N/A
Ben Nguyen, MTS, JCL, JD	NONE	NONE	NO	N/A	N/A	N/A
Gwyneth Anne Spaeder, MD	NONE	NONE	NO	N/A	N/A	N/A
Christopher Tollefsen, PhD	NONE	NONE	NO	N/A	N/A	N/A

The **CMDA CE Review Committee** of John Pierce, MD, Chair; Jeff Amstutz, DDS; Trish Burgess, MD; Stan Cobb, DDS; Gary Goforth, MD; Curtis High, DDS; Bruce MacFadyen, MD; Kirsten Madea, DO; Dale Michels, MD; Shawn Morehead, MD; Michael O'Callaghan, DDS; and Jonathan Spenn, DMD; do not have any relevant financial relationships with any commercial interests.

ALL RELEVANT FINANCIAL RELATIONSHIPS HAVE BEEN MITIGATED.

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