



**Converging Roads Conference:
Health Care at the Service of Patient and Professional
St John Paul II Foundation
February 12, 2022
Menlo Park, CA**



Accreditation This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and St John Paul II Foundation. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit The Christian Medical & Dental Associations designates this educational activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*[™] by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 6 credits for completing this activity.**

Nurse Practitioner

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines.

Nurse practitioners may receive up to 6 credits for completing this activity.

Nursing

This educational activity has been submitted to the Ohio Nurses Association (ONA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91). *Determination of credit is pending.*

Objectives:

- Discuss the importance of vaccinations to secure optimal outcomes for the general population and the negative impact of non-vaccinated populations.
- Describe the ethical and moral responsibility regarding vaccinations.
- Cite the legal right and responsibilities of the state and individual relative to vaccination in light of the common good.
- Discuss the role of faith for both medical professionals, and patients and their families.
- Consider the rights of medical professionals to exercise rights of conscience and religious liberty in the context of diverse medical settings.
- Propose the importance of medical professionals integrating ethical principles into their encounter with patients.
- Discuss the causes and factors that have led to the development of the mental health crisis for children and teenagers in the United States.
- Appraise the effect of how the response to the pandemic had worsened the mental health crisis.

Evaluate varying strategies for health care professionals in collaboration with families and schools to address the causes of stressors that have increased the struggles with suicide ideation, hopelessness, anxiety, and depression.

- Discuss medical psychosocial realities of gender dysphoria.
- Identify anthropological and medical basis for medical and psychological interventions.
- Medical outcomes of puberty suppression and gender reassignment and whether these interventions are in keeping with medical data and best patient outcomes.
- Review the medical literature on gender dysphoria in adult and pre-adult population.
- Identify the varying risks for the health and wellbeing of the healthcare professional.
- Discuss the prevalence of burnout for medical practitioners and the additional stressors that the pandemic placed upon them.
- Evaluate the essential role that religion and spirituality has in the life and work of healthcare workers.
- Discuss navigating complicated ethical and medical dilemmas.
- List ways to enhance communication and positive outcomes for patients and families.

- Define and propose medical care commensurate with the condition of the end-of-life patient.
- Indicate the role of communication and spiritual care offered to families of end-of-life patients.
- Assess the ethical course of action in light of the principles articulated and medical condition of end-of-life patients through the review of two case studies.

Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
8:25 AM - 9:25 AM	Rights of Health Care Professionals: How to Integrate Faith and Ethics in Moral Medicine	Ashley K. Fernandes, MD, PhD	1
9:30 - 10:30 AM	New Challenges Post-Pandemic: Health of Health Care Professionals	Maricela P. Moffitt, MD, MPH, FACP	1
10:45 – 11:45 AM	The Mental Health Crisis for Children and Adolescents in Light of the Covid-19 Pandemic and Beyond	Ashley K. Fernandes, MD, PhD; Cynthia Hunt, MD	1
1:25 – 2:25 PM	End of Life Care and Allocation of Resources	Claudia Sotomayor, MD, DBE	1
2:45 - 3:45 PM	Vaccines: Moral Obligations, Prudential Judgments, Personal Responsibility, and the Common Good	Michael Deem, PhD	1
3:55 - 4:55 PM	Gender Dysphoria in Children & Adults: Science, Ideology, and Ethics	Paul Hruz, MD, PhD	1
TOTAL Hours			6

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Name of all in Control of Content	Enter the Name of Ineligible Company (An ineligible company is any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients)	Nature of Financial Relationship (Examples of financial relationships include employee, researcher, consultant, advisor, speaker, independent contractor (including contracted research), royalties or patent beneficiary, executive role, and ownership interest. Individual stocks and stock options should be disclosed; diversified mutual funds do not need to be disclosed. Research funding from ineligible companies should be disclosed by the principal or named investigator even if that individual's institution receives the research grant and manages the funds)	Has the Relationship Ended? (The financial relationship existed during the last 24 months, but has now ended)
Planners			
Antonio, Araceli	N/A	N/A	N/A
Cavanaugh, Ph.D., Thomas	N/A	N/A	N/A
Dietz, Sara	N/A	N/A	N/A
Hunt, M.D., Cynthia	N/A	N/A	N/A
McCurdy, MD, Stephen A.	N/A	N/A	N/A
Nichols, PhD (cand.) Arland K.	N/A	N/A	N/A
Ramos, Khristian, Bauer-Rowe	N/A	N/A	N/A
Barbara Snapp	N/A	N/A	N/A
Sharon Whitmer, EdD	N/A	N/A	N/A
Faculty			
Deem, PhD, Michael	N/A	N/A	N/A

Fernandes, MD, PhD, Ashley K.	N/A	N/A	N/A
Hruz, MD, PhD, Paul	N/A	N/A	N/A
Hunt, MD, Cynthia	N/A	N/A	N/A
Moffitt, MD, MPH, FACP, Maricela P.	N/A	N/A	N/A
Sotomayor, MD, DBe, Claudia R.	N/A	N/A	N/A

The **CE Review Committee** of John Pierce, MD, Chair; Jeff Amstutz, DDS; Trish Burgess, MD; Stan Cobb, DDS; Jon R. Ewig, DDS; Gary Goforth, MD; Elizabeth Heredia, MD; Curtis High, DDS; Bruce MacFadyen, MD; Kirsten Madea, DO; Dale Michels, MD; Shawn Morehead, MD; Michael O'Callaghan, DDS; Jonathan Spenn, DMD; and Richard Voet, MD do not have any relevant financial relationships with any commercial interests.

THERE IS NO IN-KIND OR COMMERCIAL SUPPORT FOR THIS ACTIVITY